



## **Junior Members in the Gym at Newark RC**

Dear Member,

**Junior members (under 18s) are not allowed to use the Gym or any Rowing Club equipment without appropriate adult supervision.**

‘Appropriate adult supervision’ in nearly all instances consists of an appropriately qualified adult member as determined by the Committee or Rowing Management Team, who has completed a satisfactory DBS check as a minimum.

Coaches and Members are expected to enforce this policy, there can be no exceptions.

Kind regards

Newark Rowing Club General Committee  
June 2015